



Wisconsin Union

UWRA Annual Meeting
in April | **Pg. 4-5**



Meet Esty Dinur | **Pg. 6**

SWIB

Annual SWIB & ETF
Update | **Pg. 9**



We're On Facebook!
UWRA-Madison



THE SIFTER

NEWSLETTER OF THE UNIVERSITY OF WISCONSIN-MADISON RETIREMENT ASSOCIATION

TRAVEL WEBINAR

Civilizations in Italy from Antiquity to the Present: All Roads Lead to Rome

BY CHRIS KLEINHENZ, UWRA MEMBER

Italy is well known for its wonderfully scenic landscapes, its rich cultural traditions, its remarkable variety of urban centers, and its variegated history. For more than two and a half millennia, Italy has been the crossroads of the Mediterranean and the home of many different civilizations, all of which have left their mark.

This richly illustrated lecture by Chris Kleinhenz will begin with the many faces of Italy: its varied topography, cities and towns, regional differences, and local traditions. We will then consider the cultural mosaic of Italy from Antiquity to the present, looking at more than fifteen different civilizations that flourished on Italian soil.

Finally, we will focus on Rome, examining first the impact—the “Roman imprint”—that the Eternal City had on the larger Mediterranean world and beyond, and then the history of the city as seen through its various monuments, churches, exquisite works of art, public spaces, and many gastronomical delights. ■



Chris Kleinhenz taught medieval Italian literature at UW-Madison for almost forty years. He has led many tours to Italy sponsored by the Division of Continuing Studies and the UW Alumni Association and has lived in Italy (Naples, Bologna, Perugia, Florence, and Rome) on various occasions where he taught and directed UW study-abroad programs. He has given several illustrated presentations on Italy for UWRA.

CIVILIZATIONS IN ITALY

Thursday, March 24, 2022

2:00–4:00 P.M. Online Webinar

Registration Deadline: March 18

Advance registration is required. Register online at:
UWRAMadison.org/event-4498433

If you have preliminary questions for the speaker, please send to program coordinator Esther Olson at emolson2r@wisc.edu by March 17.

There is still time to register for OTHER MARCH webinars and meetings. See pp. 8–9 for details.

FROM THE EXECUTIVE DIRECTOR'S DESK

Health and Wellness Matters

BY SANDI HAASE

Let me begin this month's article by extending my thanks to those of you who take the time to share feedback on UWRA's publications and activities. Your comments provide UWRA with invaluable guidance for future direction. This is your Association, and your thoughts are always welcome!



As you read this issue, you will see a new column that addresses health and well-

ness, providing us with tools and ideas to improve our own health, prevent disease, and enhance our quality of life and sense of well-being. We are kicking off this feature with a guest column from Stephanie Ehle MS, CWP, cPT.

The terms health and wellness are sometimes used interchangeably, but they are two different concepts. The World Health Organization (WHO) defines health as "a state of complete physical, mental, and social well-being, and not merely the absence of disease or illness." WHO defines wellness as "the optimal state of health of individuals and groups," and wellness is expressed as "a positive approach to living." While you cannot choose your state of health, you can consciously choose wellness by living your life responsibly and taking proactive steps for your well-being.

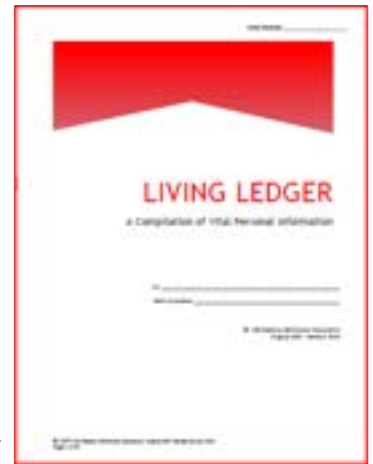
Do you have an interest in wellness? UWRA is looking for a member (or two) willing to serve as the column coordinator(s) to develop this Sifter addition. Responsibilities would include contacting potential guest columnists to write short articles on topics relating to physical, intellectual, emotional, environmental, social, vocational, occupational, and spiritual wellness; review of the articles to ensure they meet Sifter editorial guidelines; and timely submission of final articles to the Sifter editor for publication. The goal is to publish a column in each

issue (September–June). The coordinator role could be shared by two people. A one-year commitment is requested. If you are interested, please email me at retireassn@mailplus.wisc.edu. ■

Asking for Your Input

BY FAISAL KAUD, CHAIR, LIVING LEDGER REVIEW COMMITTEE

The *Living Ledger* Review Committee is in the process of examining the current *Living Ledger* (2019) to assess whether changes, additions, clarifications, or updates are needed. This document was created for YOU, members of UWRA! We know that the document is imperfect and can't address everyone's financial picture. It is, however, our goal to make this document as inclusive and useful as possible.



We invite you to share your feedback. What is confusing, missing, out-of-date, needs further explanation, is poorly worded—or, what do you really like? We want to keep the good bits, too. *Living Ledger* is accessible on UWRAmadison.org by clicking on Resources/Living Ledger. ■

Please send your questions, comments, and suggestions to retireassn@mailplus.wisc.edu by Monday, March 21.

UW-MADISON ARCHIVES

Now Online: Oral Histories from Winners of Academic Staff Awards

Since 2016, the UW Oral History Program has collaborated with the Secretary of the Academic Staff office to document the Academic Staff Awards winners' backgrounds and experiences working at the University. These oral histories are now online at www.library.wisc.edu/archives/exhibits/ ■

UWRA NEWS

Membership Dues to Increase September 2022

BY ESTHER OLSON, UWRA PRESIDENT

In the April 2021 *Sifter* (tinyurl.com/285t5kty), Strategic Framework Team Lead Mary Czyszak-Lyne reported that the Association had begun Phase 2 of the 2020–2025 Strategic Framework. A priority initiative of Phase 2 was to explore the need for, and possible implementation of, a dues increase.

UWRA was founded in 1999. The charter group created the governing documents and operating structure that have been periodically reviewed and revised to meet the ever-changing needs of the Association. However, in the more than two decades since UWRA's founding, a comprehensive review and analysis of the Association's ongoing fiscal health had not been undertaken.

Almost all of UWRA's revenue is from membership dues, and rates have not changed since the Association's founding 22 years ago. While revenue due to membership growth has increased in those 22 years, expenditures are growing more rapidly. A comprehensive review of revenue and expenses is now necessary.

Last fall, the Strategic Framework Dues Review Team gathered to study the operational needs and long-term financial sustainability of UWRA. The study included reviews of past and current budgets, financial reports, and membership levels. The Team considered current and projected operating costs and revenue trends. In previous years, revenue from increasing memberships and the money in reserve accounts have been sufficient to support increasing costs. The analysis concluded that this was no longer true.

If dues were to be increased, what would the increases look like? Looking at the Bureau of Labor Statistics' Consumer Price Index (CPI) Inflation Calculator, the buying power of the current Annual membership dues of \$20 in 1999 (the year UWRA was founded) is equivalent to the

buying power of \$33.94 in 2021.

The Team's final proposal of a modest dues increase for all membership levels and an implementation timeline was presented to and approved by the UWRA Board of Directors in January 2022.

The Retirement Association will increase membership rates on September 1, 2022. For the 2022–23 membership year (renewal cycle starting May 2022), membership dues will remain the same. On or after September 1, 2022, new members and renewing members will be paying the higher membership dues rate. Here are the details of that dues increase.

Starting with dues received on or after September 1, 2022:

- **Annual dues will increase from \$20 to \$30**
- **Bargain dues (6 years for cost of 5) will increase from \$100 to \$150**
- **Life membership will increase from \$300 to \$400**
- **Not Yet Retired will increase from \$10 to \$15**
- **Out of Area* will increase from \$10 to \$15**
- **Out of Area* Bargain will increase from \$50 to \$75.**

**Out of Area (OOA) levels apply to members living outside the 535xx, 537xx, and 539xx zip codes*

Are you wondering when your dues are up for renewal? If you are reading this article online, the cover email indicates your membership level and renewal date above the salutation. If you are a subscriber to the *Sifter* in paper format, look at your mailing label. To the right of your name, you will see a date that indicates the year that your membership is up for renewal. You can also find the date of your renewal by going to your membership profile on UWRAmadison.org.

We understand that you may have questions and comments, which can be emailed to retireassn@mailplus.wisc.edu.

UWRA is hosting two townhall-type Zoom meetings on this topic on Tuesday, March 15, 2–3 P.M. and Thursday, March 17, 10–11 A.M. These events are posted on the website. Please register at UWRAmadison.org ■

UWRA NEWS

Annual Meeting, Lunch, Speaker, and Tours, May 18

We are doing something different this year! As retirees from the University of Wisconsin, we thought it was time to take this event home—back to campus, to the newly renovated Memorial Union. Our invited speaker is Mark Guthier, associate vice chancellor and director of the Wisconsin Union. He will share with us all of the improvements and enhancements made at the Memorial Union.



Mark Guthier

We have planned an eventful afternoon, starting with check-in at 12:30 P.M. followed by lunch, our speaker, and the annual business meeting. Members may then choose one of two guided tours: a tour of Alumni Park or a “behind-the-scenes” tour of Memorial Union. After the tours, we invite you to join your friends and colleagues while enjoying a beverage or ice cream on the Terrace.

come you to UWRA and answer any of your questions or concerns. Look for the table-tent marked “New Member Table.”

Parking

Special arrangements for half-day parking, starting **NO EARLIER** than noon, are available at Grainger Garage (Lot 7) and Helen C. White Garage (Lot 6). To ensure a parking space, sign up for parking when registering.

UW Transportation employees will staff the lots, check you in, and issue the needed parking permit to enter and exit the lots. Consider reserving parking in Lot 7 if you are able to walk. Lot 6 has a limited number of spaces held for members with mobility issues.

Parking will be on a first-come basis. See “Registration” on p. 5 for further details. Due to this special parking arrangement, emeriti parking passes will not be honored in either lot. Emeriti parking passes will work in other approved lots, based on availability. Other parking within walking distance is available at your expense at the City of Madison’s Lake Street Ramp, or UW Lot 46 (Lake and Johnson Ramp).

Food Pantry Contributions

Both cash and checks payable to UW FOUNDATION will be accepted. Please enter “Open Seat Food Pantry” on the memo line of check.

Menu Choices

For health and safety reasons, boxed lunches will be served. Each boxed lunch will include mixed greens, balsamic dressing, kettle chips, chocolate chip cookie and assorted cold beverages, and your choice of:

- Smoked turkey, spring lettuce mix, tomato spread, Havarti cheese, croissant
- Ham, Swiss cheese, Dijon aioli, spring lettuce mix, rye bread
- Butternut squash spread, grilled vegetables, greens, spinach tortilla
- No lunch

Annual Meeting Details, continued on p. 5

ANNUAL MEETING, LUNCH, TOURS
Wednesday, May 18, 2022
Tripp Commons at Memorial Union
Check-in begins at 12:30 P.M.
Luncheon served at 12:45 P.M.
Cost: \$18.00

With speaker Mark Guthier of the Wisconsin Union and tours of Alumni Park OR Memorial Union

Registration Deadline for Guaranteed Parking: Received by Monday, April 18

Advance registration is required. Register online at: UWRAmadison.org/event-4545408

New Member Table

If you are new to UWRA or have attended only one or two UWRA luncheons or events, we welcome you. There will be a special luncheon table for new attendees to meet board members, who will wel-

Annual Meeting Details, continued from p. 4

Registration

Advance registration is required. Early registration (to guarantee a parking space) **must be received by UWRA no later than noon on Monday, April 18**. The vehicle driver’s name is required. Registrations (*without* reserved parking) will continue to be accepted until noon on Wednesday, April 27.

You are encouraged to register online at UWRAmadison.org/event-4545408. To register by mail with a check, use the Registration Form on p. 10 of this issue of the *Sifter*.

If Mailing Your Payment

To ensure receipt by the deadlines, make check payable to *UWRA* and mail to: UW–Madison Retirement Association, c/o Sandi Haase, 5 Dinauer Court, Madison, WI 53716-1969.

Refund Policy

UWRA refunds event fees if registrants cancel prior to the registration deadline. Post-deadline, refunds are given only if a wait-listed registrant can attend instead.

If the in-person event is cancelled

If the in-person event is cancelled due to unforeseen circumstances, the Annual Meeting would be held via Zoom (same day, same time frame). Mark Guthier would join the Zoom meeting and share the improvements and enhancements made to the Memorial Union. Following the speaker, the annual business meeting will be held, as required by UWRA bylaws. All registrants will receive notification of the change.



COVID-19 Compliance

This event will comply with orders in effect from the UW–Madison [COVID-19 Response](#) and from [Public Health Madison / Dane County](#). ■

WELLNESS MATTERS

What is Wellness?

BY STEPHANIE EHLE, MS, CWP, CPT

Wellness is an active process through which people become aware of, and make choices toward, a more successful existence. By applying the following model, we become more aware of our well-being and can take steps towards a successful aging journey.

The seven dimensions of wellness are social, intellectual, emotional, environmental, vocational / occupational, spiritual, and physical.



This holistic model explains:

- How a person contributes to their environment and community, and how to build better living spaces and social networks
- The enrichment of life through work and its interconnectedness to living and playing
- The development of belief systems, values, and creating a worldview
- The benefits of regular physical activity, healthy eating habits, strength and vitality, as well as personal responsibility, self-care, and when to seek medical attention
- Self-esteem, self-control, and determination as a sense of direction
- Creative and stimulating mental activities and sharing your gifts with others.

Applying a wellness mindset can be helpful in every aspect of our lives. Wellness is also customizable and can be used to fit our lifestyle and needs. Over the next couple of months, we will dive into each dimension of wellness and how we can use it to reach our full potential. ■

MEET A UWRA MEMBER

A Life in the Creative Arts

BY ESTY DINUR, UWRA MEMBER

Before I retired, I was the director of marketing, communications, and community relations (in various formations) at the Wisconsin Union Theater as well as the artistic director and curator of the Madison World Music Festival. My favorite part of work was bringing amazing artists from all over the world to the festival. That's the only part of work that I miss.

The first thing I did after I retired was take a big breath! Then I started going to bed—and waking up—later. Now I'm spending my time without stress! It's so wonderful to be able to sit on my porch, drinking a cup of tea for 30 minutes while watching and listening to the birds, the trees, and the changing sky. My least favorite part of retirement is: no such thing! It has been nothing but blissful. Every precious moment.

At the age of 14, I started my very first job dispensing gas to cars in my hometown of Haifa, Israel. I was fired because I read books in-between cars. Where was I in 1969 when Apollo 11 landed on the moon? Actually, spending my early childhood on a kibbutz in Israel, my big moment as a very young child was being taken outside at night to watch the Soviet Sputnik as it shot into space. In my 20s, I spent a couple of years on the road, traveling throughout Europe and the US. Something that might surprise you about me is that I was a professional modern dancer. Then I studied film and TV and came to the United States to work on a film set in Hollywood.

Lately I've been reading books by Richard Powers—his masterpiece *The Overstory*, then *Bewilderment* (much of which is set at UW–Madison), and now *The Echo Maker*. What can't I throw away? My daughter and son-in-law came to visit a few months



ago when I had an injured foot, and together, we got a lot thrown and given away. It felt mostly very good. My next travel plans include visiting California and Oregon to spend time with my children and grandkids. ■

JANUARY 1–31, 2022

WE WELCOME NEW MEMBERS

Ivy Corfis, *Spanish & Portuguese*

Steven Cramer, *Civil Engineering, CoE Dean's Office, Office of the Provost*

Louis Friedland, *Journalism & Mass Communication*

David Furumoto, *Theatre & Drama*

Daniel Greenspan, *Cell & Regenerative Biology*

Constance Grogan

E. Wayne Grogan, *Medicine*

Gerianne Holzman, *Veterinary Medicine*

Ella Mae Matsumura, *Business*

Carolyn Polodna, *UW Colleges–Fond du Lac, Business & Economics*

Michael Roszkowski, *DoIT*

Bassam Shakhashiri, *Chemistry*

Victoria Szewczyk, *Medicine*

Craig Tiedemann, *Wisconsin Union*

Lisa Tiedemann, *Office of Human Resources*

Kam-Wah Tsui, *Statistics*

{ The UWRA is your network in retirement! }

ACTIVITIES IN RETIREMENT

A Commitment to Access for All

BY LOUISE STEVENS ROBBINS, UWRA MEMBER

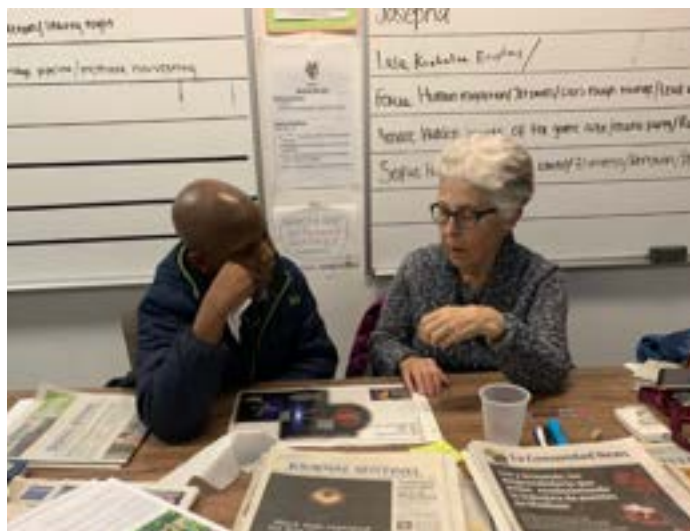
I brought to UW-Madison from Ada, Oklahoma, a deep interest in politics, activism, and involvement in issues of racial and social equity. As director of what is now the iSchool, I looked to include diversity, equity, and inclusion in our curriculum and recruiting of faculty and students. Since retirement, I have widened my lens to find interesting ways to contribute to the community outside the university.

Just before my retirement, I facilitated a student-initiated course on Tribal Libraries, Archives, and Museums, which developed into a relationship with the Red Cliff Band of Lake Superior Chippewa (Ojibwe), now in its 14th year. Although I have been to Red Cliff only once in the past year—between COVID surges—I stay involved critiquing grant proposals, answering questions, and cheerleading for the library staff. I also assisted the Bad River Band's education director with deaccessioning long-outdated and battered materials. I continue to mentor the grad students assigned to Red Cliff.

Closer to home, I am a volunteer editor with the Simpson Street Free Press, an out-of-school program that helps students from area schools—chiefly students of color—to improve reading and writing skills. Students as young as seven and as old as high school seniors do research and write their own articles based on what they have learned. Currently, we work remotely, sharing Google docs and discussing by phone. In 2022, I hope we can be back at the South Towne office.

For several years I have been active in the League of Women Voters of Dane County. My chief role has been as a book discussion leader, focusing on books around themes of diversity, equity, and inclusion. I also serve on the program committee for social and racial equity.

I have for a number of years participated in a PLATO reminiscence-writing group that met weekly for a couple of hours. When my LWVDC calendar got overfull, I took a break, but with luck I will be back in summer or fall 2022.



Of course there has been travel: to Italy with WPR; to Kazakhstan with UW's Nazarbayev University team; with family on a Danube cruise; with friends on a Caribbean cruise and to Cuba; to Scotland with librarians; and back to China, where I many times helped the Evergreen Education Foundation support rural schools and libraries.

I have been a member of the Electronic Technology Committee of UWRA for several years, an activity that also grew out of my pre-retirement life. Everything reflects my love of books, libraries, access to information—and diversity, equity, and inclusion. ■

FRIENDS OF UW-MADISON LIBRARIES

Spring Book Sale March 30–April 2

Donating books, LPs, and DVDs to the Friends of UW-Madison Libraries Book Sale offers an environmentally friendly way to redistribute items to others. Proceeds help strengthen, expand, preserve, and give visibility to the world-class resources of the University of Wisconsin-Madison Libraries. To donate your unwanted items, use this form: [tinyurl.com/2c4xyaz3](https://www.library.wisc.edu/friends/book-donations-semiannual-sale/book-sale/)

Then, replenish your shelves at the sale! Come early for the best selection; come later for the best prices. Schedule and location details are here: <https://www.library.wisc.edu/friends/book-donations-semiannual-sale/book-sale/> ■

ELECTRONIC TECHNOLOGY WEBINAR

Hidden Digital Gems in the UW–Madison Libraries

BY BRAD HUGHES, LOUISE ROBBINS, AND KATHY CHRISTOPH, MEMBERS, ELECTRONIC TECHNOLOGY COMMITTEE

UW–Madison’s libraries are one of the crown jewels of the university, with vast collections, much of which are available online. During this webinar, specially designed for UWRA members, experts from the libraries will introduce us to some of the fascinating hidden digital gems within the collections, explain simply how we as retirees can access them, and provide a sneak peek at the invisible work librarians do to make collections accessible to their communities.

As part of the panel, speakers will introduce the work of UW’s Digital Collections Center and showcase some of its fascinating holdings, and they will give us a tour of the Map Library’s amazing archive of aerial photographs of Wisconsin, dating back to the 1930s. Don’t miss this wonderful opportunity to explore some of the fascinating digital corners in the UW-Madison Libraries online—all from the convenience of home. ■

If you have preliminary questions for the speakers, please email them in advance to program coordinators Brad Hughes at bthughes@wisc.edu, Louise Robbins at louise_robby@sbcglobal.net, and Kathy Christoph at kathy.christoph@gmail.com by Tuesday, March 22.

DIGITAL GEMS IN UW LIBRARIES

Tuesday, March 29, 2022

10:00 A.M.–NOON Online Webinar

Registration Deadline: March 25

Advance registration is required. Register online at: UWRAmadison.org/event-4623702

BOOK MARKS

Our monthly book review feature in the *Sifter* will return in April. We ran out of room in this issue!



Panelists, all from the UW–Madison Libraries, are **Lisa R. Carter**, Vice Provost for Libraries and University Librarian; **Jaime Martindale**, Map and Geospatial Data Librarian; **Jesse Henderson**, Digital Collections and Library Technology Group Project Manager; and **Elizabeth Lightfoot**, Collections Strategist.

WEBINAR RECAPS

Missed a Recent UWRA Webinar? Find All the Information on the UWRA Website

If you missed these programs, please visit the UWRA website (UWRAmadison.org) then select Resources/Presentations/2021–22 Jan–Jun to find descriptive program recaps, videos of entire programs, and/or web links to slides or PDFs.

UW’s Public History Project, presented by Kacie Lucchini Butcher

What is Quantum Computing and Why Should I Care?, presented by Mark Saffman

Cryptocurrencies and Blockchain Technology, Explained, presented by Brad Chandler and Shailesh Shah. ■

UNIVERSITY LEAGUE

March 23 Luncheon Set: The History and Mystery of the Edmund Fitzgerald

Open to the public, \$30 for the lecture and lunch at Blackhawk Country Club. Reserve by March 14. More details, updates, and registration information at <https://univleague.wisc.edu/programs>. ■

FINANCIAL WEBINAR

Annual SWIB and ETF Update

More than 648,000 members, including current state and local government employees and retirees, look to the Wisconsin Retirement System (WRS) to help provide for their retirement. The State of Wisconsin Investment Board (SWIB) is the independent state agency responsible for investing the assets of the retirement system. Join us for the annual SWIB and ETF update. Panelists will address volatility in financial markets, long-term impacts to the Wisconsin Retirement System, and projections for future annuity adjustments. ■

Edwin Denison is the State of Wisconsin Investment Board executive director and chief investment officer, **Rochelle Klaskin** is deputy executive director and chief administrative officer, and **John Voelker** is secretary of the Employee Trust Fund.

If you have preliminary questions for the speakers, please send to program coordinators Kay Reuter-Krohn at kreuterkrohn@gmail.com and Millard Susman at msusman@wisc.edu by Tuesday, April 5.

WISCONSIN RETIREMENT SYSTEM

SWIB Announces 2021 Preliminary Returns

BY CHRIS PREISLER, STATE OF WISCONSIN INVESTMENT BOARD

2021 saw strong returns for the fully funded, \$147 billion Wisconsin Retirement System.

The Core Fund, the larger of the two WRS trust funds, ended the year with a preliminary net return of 16.89% and preliminary five-year and ten-year returns net of external manager fees of 12.47% and 10.10%, respectively. SWIB performed better than its performance benchmarks for all these periods. The Variable Fund ended the year with a preliminary net return of 19.95% and preliminary five- and ten-year returns net of external manager fees of 15.52% and 13.75%, respectively.

Annuity adjustments will be announced in March, but an increase is expected. Contribution rates for 2023, for employees and employers, will be set in

SWIB AND ETF UPDATE

Tuesday, April 12, 2022

1:00–3:00 P.M. Online Webinar

Registration Deadline: April 8

Advance registration is required. Register online at: UWRAmadison.org/event-4548273

✓ **THERE'S STILL TIME TO REGISTER**

EAST-WEST VIRTUAL BREAKFAST

Thursday, March 10, 2022

9:00–10:00 A.M. Online Meeting

Registration Deadline: March 7

Advance registration is required. Register online: UWRAmadison.org/event-4606233

BUILDING A PORTFOLIO

Tuesday, March 15, 2022

10:00 A.M.–NOON

Online Webinar

Registration Deadline:

March 11

Advance registration is required. Register online: UWRAmadison.org/event-4522634



UWRA TOWN HALLS

Advance registration is required. See p. 3 for background information.

Tuesday, March 15, 2022

2:00–3:00 P.M. Online Meeting Register online: UWRAmadison.org/event-4689339

Thursday, March 17, 2022

10:00–11:00 A.M. Online Meeting Register online: UWRAmadison.org/event-4689387

June. Read more details at www.swib.state.wi.us/press-releases. ■

Please register for the Annual Meeting, Luncheon, and Tours online at UWRAMadison.org/event-4545408 or mail in the form below.



Retirement Association
UNIVERSITY OF WISCONSIN-MADISON

Your network in retirement

Mail-in with Check Registration Form

- EVENT:** 2022 UWRA Annual Membership Meeting, Luncheon, Speaker, and Tour
- EVENT DATE:** Wednesday, May 18, 2022
- COST:** \$18.00
- DEADLINE:** Monday, April 18 **with parking**. Must be received by noon
Wednesday, April 27 **with no parking**. Must be received by noon
- REGISTRATION LIMIT:** 110
- QUESTIONS:** Contact Mary Czyszczak-Lyne, Luncheon Chair at czyszczaklyne@gmail.com or UWRA office at retireassn@mailplus.wisc.edu

Name (Please Print)	Check Vehicle Driver	Parking		Boxed Lunch Choice			Guided Tour Choice	
		Lot 7	Lot 6	Turkey	Ham/Swiss	Vegetarian	Alumni park	Behind scenes

Dietary restriction? _____

Amount Enclosed _____

PAYMENT PROCESSING

- Complete form
- Make check payable to UW-Madison Retirement Association
- To ensure receipt by deadline, mail this form and check to:
UW-Retirement Association, c/o Sandi Haase, 5 Dinauer Court,
Madison, Wisconsin 53716-1969

REFUND POLICY

UWRA refunds an event fee if canceled prior to the registration deadline. Refunds can be processed after the registration deadline only if a wait-listed registrant can attend in your stead.

REFLECTIONS

Tell Your Stories, While You Can!

BY MARY BARNARD RAY

I wonder if aging makes each of us realize that we are always living in historic times, regardless of the circumstances. We must not dismiss our daily lives as insignificant. So, please consider writing your memoirs. You may think your children won't be interested—but your grandchildren or great grandchildren will find those memories precious. You may think your life has been routine, but no one else knows what that life was like.

I know about this because of three friends. One, Harry Gordon, survived concentration camps as a teenager. While he was in the hospital recovering, he wrote his memories of the experience in Yiddish and put the papers in a box without reading them. In his 80s, he learned that his children wanted to know his story but couldn't read Yiddish. He read his pages and then told me the story in English, while I typed out his words. Thank goodness he

kept those pages, for not only were his children able to hear his story, but it was also published as *The Shadow of Death*.

A second friend, who grew up in France on a champagne vineyard, thought no one was interested in her life. But I was asking about her experiences via email, and I kept her answers. A few months later, she sent some of the emails to her family and found that they were indeed very interested in her story. During these pandemic times of isolation, writing down her memories has become a daily joy for her, her family, and me.

The third friend was Thora Baker, a woman I met while living in Montana. Thora was a missionary's child who moved to Great Falls, Montana, when the local tribes still had their tepees in the area. She found them kind and generous, but she saw them move away as the town grew. Thora didn't write out her memories, though, and wonderful stories were lost to us as a result. So—write your stories! Someone is out there waiting to read them. ■

■ **UW-Madison Retirement Association Calendar Dates** ■

Continue to monitor the UWRAMadison.org website for further updates.

- | | | |
|-----------------------------|------------------|--|
| • Thursday, March 10, 2022 | 9:00–10:00 A.M. | <i>East Meets West Virtual Breakfast</i> |
| • Tuesday, March 15, 2022 | 10:00 A.M.–NOON | <i>Building a Portfolio for the Best Return and Least Risk</i> |
| • Tuesday, March 15, 2022 | 2:00–3:00 P.M. | <i>UWRA Town Hall Meeting 1</i> |
| • Thursday, March 17, 2022 | 10:00–11:00 A.M. | <i>UWRA Town Hall Meeting 2</i> |
| • Thursday, March 24, 2022 | 2:00–4:00 P.M. | <i>Civilizations in Italy from Antiquity to the Present</i> |
| • Tuesday, March 29, 2022 | 10:00 A.M.–NOON | <i>Hidden Digital Gems in the UW-Madison Libraries</i> |
| • Tuesday, April 12, 2022 | 1:00–3:00 P.M. | <i>Annual SWIB and ETF Update</i> |
| • Thursday, April 14, 2022 | 9:00–10:00 A.M. | <i>East Meets West Virtual Breakfast</i> |
| • Wednesday, April 20, 2022 | 10:00 A.M.–NOON | <i>Friends of Madison Parks and Natural Areas</i> |
| • Wednesday, April 27, 2022 | 10:00 A.M.–NOON | <i>Apostle Islands Virtual Hike and Kayak</i> |
| • Thursday, April 28, 2022 | 1:00–3:00 P.M. | <i>The Role of Digital Media</i> |
| • Tuesday, May 10, 2022 | 10:00 A.M.–NOON | <i>A Bucket Approach to Investing</i> |
| • Thursday, May 12, 2022 | 9:00–10:00 A.M. | <i>East Meets West Virtual Breakfast</i> |
| • Wednesday, May 18, 2022 | 12:30–4:00 P.M. | <i>Annual Membership Meeting, Luncheon, Speaker, Tours</i> |

For information on upcoming PLATO trips, visit platomadison.org/page-18561. For information on Board and Committee meetings and deadlines for **The Sifter**, see the UWRA website at UWRAMadison.org.

THE SIFTER

UWRAmadison.org

UW–Madison Retirement Association

c/o Division of Continuing Studies

21 North Park Street, Room 7205

Madison, WI 53715-1218

Nonprofit
Organization
US Postage
PAID
UMS

Moved or Moving?

The Sifter will not automatically be forwarded by the Postal Service. Please use email, regular mail, or visit our website to give us your new address so that you can continue to receive *The Sifter* on a regular basis.

THE SIFTER

EDITOR • [Sheila Leary](#)

COLUMNIST • [Mary Barnard Ray](#)

COLUMN COORDINATORS

Meet a Member • [Crescent Kringle](#)

Activities in Retirement • to be announced

Book Marks • [Laurie Mayberry](#)

UW–MADISON RETIREMENT ASSOCIATION

Website: UWRAmadison.org

Phone: **608-262-0641**

Email: retireassn@mailplus.wisc.edu

EXECUTIVE DIRECTOR • [Sandi Haase](#)

BOARD PRESIDENT • [Esther Olson](#)

PRESIDENT-ELECT • [Jane Dymond](#)

PAST PRESIDENT • [Chris Kleinhenz](#)

SECRETARY • [Marian Fisher](#)

TREASURER • [Beth Zemp](#)

DIRECTORS

[Tom Broman](#) • [Mary Czyszczak-Lyne](#) • [Marcy](#)

[Doelp](#) • [Marc Fink](#) • [Laurie Mayberry](#) • [Jurgen](#)

[Patau](#) • [Jack Sorenson](#) • [Jim Stratton](#) • [Millard](#)

[Susman](#)

IN THIS ISSUE

Webinar: Civilizations in Italy **p. 1**

From the Executive Director; *Living Ledger* **p. 2**

Membership Dues Increase **p. 3**

UWRA Annual Meeting, Speaker, Lunch, Tours
pp. 4–5, p. 10

Health Matters Column: What Is Wellness? **p. 5**

Meet UWRA Member Esty Dinur; Welcome, New Members **p. 6**

Activities in Retirement: Louise Robbins **p. 7**

UW Libraries Spring Book Sale & Donations **p. 7**

Webinar: Hidden Digital Gems in UW Libraries **p. 8**

Webinar Recaps **p. 8**

University League Talk: *The Edmund Fitzgerald* **p. 8**

Webinar: Annual SWIB & ETF Update; WRS News **p. 9**

Register for March UWRA Events **p. 9**

Registration Form for April Annual Meeting, Lunch, Speaker, & Tours **p. 10**

Reflections Column: Tell Your Stories **p. 11**

UWRA Calendar **p. 11**