

Empowerment starts with YOU!

Who we are



- One of eight centers for independent living in Wisconsin
- Serves Dane, Dodge, Columbia, and Green counties
- Non-profit
- Consumer-driven
 - Majority of board and staff are people with disabilities

Information and Referral

Access

- Information, resources and referrals on disability-related topics
- Available to anyone in the community
- Topics include, but are not limited to:
 - Housing
 - Transportation resources
 - Community supports and services
 - Finding adaptive equipment
 - Assistive technology loans
 - And more!

Peer Support



- Staff and trained volunteers with lived experience empower others
- Peer mentors can assist an individual with:
 - Learning to cope with his/her disability
 - Learning independent living skills
 - Improving self-advocacy

Skills Training



• Staff members provide assessment, training, and support for the development, maintenance, and growth of a variety of skills.

- Examples of Skills Training:
 - Budgeting
 - Cooking and meal planning
 - Organization

Transition Services



- Supports those in nursing facilities who wish to transition back into the community
- Assist individuals at risk of placement in a facility who wish to remain in the community
- Supports youth with disabilities as they transition out of secondary school

Advocacy



- Staff can help guide you through advocating for yourself
- Examples of Advocacy services include:
 - Supporting the person in standing up for their rights
 - Communicating with businesses and public officials about disability related concerns
 - Educating the greater community about the disability community
 - Helping people with disabilities get the supports and services that they need

Accessibility Assessments



- Trained staff provide safety and accessibility assessments for homes.
- Accessibility assessments for workplaces are also available.

WisLoan and TeleWork



- Loan programs through the state of Wisconsin
- Available to Wisconsin residents
- Must be a person with a disability, or be someone applying on behalf of someone with a disability
- Can be used for assistive technology, home modification, vehicle adaptions, or accommodations for employment
- Application must be completed through Access to Independence

Assistive Technology Loan Program



- Access to Independence has over 1,000 assistive technology items that are free to try.
- Most items are available for a free short-term loan.
- Items include:
 - Wheelchairs
 - Walkers and canes
 - Amplified phones
 - Kitchen tools
 - AND MORE!



What is Assistive Technology? (AT)



- Any piece of equipment that helps a user perform activities of daily living.
- AT helps people live more independently.
- Equipment can be no tech, low-tech, or high-tech!
- Our staff can assist with selecting the right device.
- If you borrow a product from our loan program, and you like it, staff can help you find the same or similar product to purchase!

Timer Cap Reminder for Medications

- Built-in stopwatch with automatic sensor
- Resets each time pill bottle is last opened
- Helps keep you on track with medication management



Wireless Item Locator

- Advancing technology tracks up to 130 feet.
- Includes 4 color-coded receivers, double-sided adhesive and keychain rings
- Once you press the corresponding button on the remote, just follow the beeping sound



Weighted Universal Pen Holder

- Fits most pens or pencils
- Adds weight and thickness
- Can help with tremors
- May make holding a pencil or pen more comfortable



RoboTwist Automatic Jar Opener

- Adjusts to fit most jars
- Often used by people with diminished grip/hand strength
- Can reduce frustration in the kitchen



Button Hook & Fastener

- Easily button clothing independently
- Use with any size button
- Snag-free slim wire loop
- Wide comfort grip handle
- Additional steel zipper hook



Leg Lifter

- Helps people with limited strength or mobility move or reposition their legs safely
- Helps with getting in/out of bed, wheelchairs, and more
- Made of nylon webbing with metal rod.



Card Holder Board

Wooden card holder board

 Has three groves at different heights so cards are easier to view when they are in the board



Perfect for arthritic hands

Automatic Card Shuffler

Shuffles a standard deck of cards

 Increases game efficiency and playing time



My Alert Phone Ring Signaler

- Adjustable 100 dB alert
- Super bright yellow flashing LED signaler
- Simply plug into your existing phone line, then plug the phone into the ringer.
- No batteries needed!



Future Call Big Button Phone

- Line-powered, corded telephone with 40 decibel call volume amplification
- Big number buttons for easy visibility when dialing
- Hearing aid compatible



Amplified Corded Phone with Photocall

- Line-powered, corded telephone with 40 decibel call volume amplification
- 10 memory picture button keys
- Hearing aid compatible
- Great for individuals living with dementia or memory concerns



HearAll Cell Phone Amplifier

- Connects via Bluetooth to your cell phone
- Amplifies cell phone volume up to 40 dB
- Also features adjustable tone boost
- Built-in t-coil mode



Trekking Poles

 Takes stress off your joints with shock absorption.

 Can help maintain balance, whether you're taking a leisurely walk, or traversing tough terrain.



EZ Fold And Go Walker

- Lightweight
- Unique design is space saving
- Can fit in airplane overhead bins!
- Meant for basic stability, not full support



Aluminum Quad Cane

- Quad design allows for greater weight bearing and stability than single-point canes
- Stands up on own no more chasing after a falling cane!



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