



Complete this form using results from your most recent health care provider visit to earn credit for the 2019 Well Wisconsin Program. **The form must be submitted by October 11, 2019.** You may choose to attend a Well Wisconsin on-site health screening instead of submitting this form. Log onto [wellwisconsin.staywell.com](http://wellwisconsin.staywell.com) to learn more.

**Step 1:** Enter your name and date of birth. Include your email address to receive verification that your form has been successfully submitted.

**Step 2:** Review the consent language, sign and date.

**Step 3:** Enter the screening values from your most recent health care provider visit.

<p><b>Required values include:</b></p> <ul style="list-style-type: none"> <li>- Height</li> <li>- Weight</li> <li>- Blood Pressure</li> </ul> <p><i>Optional values:</i></p> <p>Depending on your age and risk factors, you may be eligible to receive glucose and cholesterol screenings as a no cost preventive service. Before having these labs completed, check with your health insurer to confirm these labs will qualify for a preventive service benefit.</p> <p><b>Out of pocket costs:</b></p> <p>Be aware that you will be responsible for copayments, deductibles and/or coinsurance if screening tests are not done for preventive reasons, or if other health issues are discussed during your visit.</p>
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**Step 4: Submit the form by 10/11/2019.**

- Fax at 240-477-1521
- Mail it to US Wellness at 20400 Observation Drive #100, Germantown, MD 20876
- Upload it electronically by logging into your account at [wellwisconsin.staywell.com](http://wellwisconsin.staywell.com). Click the screening button at the top of the page and follow the Secure Upload link provided.

If you have questions regarding this form or how to complete the remaining activities to earn your incentive, please visit [wellwisconsin.staywell.com](http://wellwisconsin.staywell.com) or contact the StayWell Helpline at 800-821-6591. The StayWell Helpline is available Monday – Thursday 8 a.m. – 8 p.m., Friday 8 a.m. – 6 p.m. and Saturday 8 a.m. – 1 p.m., CST.

StayWell complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-821-6591, (TTY: 1-800-833-7813).

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau [800-821-6591], [TTY: 1-800-947-3529].